

Autistic Adults United

Monthly Adult Support Meet & Greet!



Monthly Adult Support Group Meeting: interactive social skills workshop to casual discussions on a wide range of topics hosted BY Autistics, FOR Autistics.

For this meetup we will check in with each other and have an open discussion on ways we can support each other as adults on the autism spectrum. The discussion will be for the first hour of the group. For the second hour of the group, we can break out some board games. We just need to make sure we clean up before 3 PM so the next group can use the room right at 3 PM.

When?

Sunday, March 6th from 1-3 p.m.

Where?

Arms around ASD @Asheville Mall 3 Tunnel Road, Suite L-40, Asheville, NC 28805

Who?

All adult autistics are welcome. We welcome all autistics including those who are self-diagnosed. We hope to provide a safe space for you to have an opportunity to meet fellow autistics in a nonjudgmental environment.

What to bring?

Feel free to bring your own food and drink.

In light of Covid-19, we will be following these safety guidelines:

- Masks are now optional at Arms Around ASD.
- All of us also should continue to wash our hands or use hand sanitizer.
- Stay home if you are sick or exhibiting symptoms.

We appreciate you following this guidance!

Things to keep in mind:

Since these events are intended to encourage socializing and interacting with others, please limit the use of electronics unless needed to assist with communication. We are a casual group and want to provide a safe and positive environment for everyone.

For General information, find out more at our new website: www.autistics-united.com

To donate: <https://www.autistics-united.com/paypalme/autisticsunited>
or <https://www.autistics-united.com/wnc-au-autistics-united-memberships/>
Questions? Email Our Executive Director Danny Landry: [@gmail.com](mailto:dlandry@autistics-united.com)