

# Autistics United: Parents' Support-Group

## Hosted by April Thomas

We want parents and caregivers to view the parent group as a social outlet with other parents or caregivers. It will be a place to relax, talk, and share. No worries. It's not all serious. We also have some fun activities for the parents. So please join us while the teenagers and young adults are having their group.

**When? Saturday , December 11 from 1-3 p.m.**

### Where?

Asheville Mall 3 Tunnel Road, Suite L-40, Asheville, NC 28805



### Who?

Parents & caregivers

### What to bring?

*Bring a snack or a beverage for yourself. There is also a food court in the mall. Just make sure to clean up after yourself and throw your trash away.*

**Note:** Try to give your young autistic their independence. It's perfectly okay to go help them when they need it, but you should also allow your child/person you're supporting to practice their independence in the group in their own way. Please remain in the facility while the group is in session. Please remember that if you have to leave we, the A.U. nonprofit, cannot be held responsible for any accidents or issues that may occur. For this reason, it is best to stay on site.

### Things to keep in mind:

Since these events are intended to encourage socializing and interacting with others, please limit the use of electronics unless needed to assist with communication. We are a casual group and want to provide a safe and positive environment for everyone.

### In light of Covid-19, we will be following these safety guidelines:

- The New Executive Order states that everyone should wear a mask indoors regardless of vaccination status. We appreciate you following this guidance. All of us also should continue to wash our hands or use hand sanitizer.
- Stay home if you are sick or exhibiting symptoms.

For General information, find out more at our new website: [www.autistics-united.com](http://www.autistics-united.com)

Questions? Email Our Executive Director Danny Landry: [wncautisticsunited@gmail.com](mailto:wncautisticsunited@gmail.com)

