

Autistics United Presents: Girls Day Out!

What?

AU Girls' Day Out! AU Girls' Day Out is a spectrum-wide social support group for young autistic women/girls ages 12-25 to build relationships organically. AU Girls' Day Out provides a setting where teens and mentors can be themselves, socialize, and have fun.



When? Saturday, May 22 @6PM

What are the plans?

Meet & greet! REGROUP and get to know each other! Play some fun games etc. We will have pizza so please bring four dollars to pitch in for the food.

Where?

Kusz family home: A very genuine, generous & loving to all family who has opened their doors to us many times and has been with us since our beginning. Please respect their home, privacy & rules. 43 Pacifico Dr. (Bonito Ocaso) Asheville, NC 28806.

Who?

Autistic girls & women ages 12-25. *(We are accepting to all people on the Autism spectrum, including those who have not been officially diagnosed.)*

Note: Try to give your young autistic their independence. It's perfectly okay to go help them when they need it, but you should also allow your child/person you're supporting to practice her independence in the group in her own way. Please remain in the facility while the group is in session. Please remember that if you have to leave we, the A.U. nonprofit, cannot be held responsible for any accidents or issues that may occur. For this reason, it is best to stay on site.

In light of Covid-19, we will be social distancing and following these safety guidelines:

- The New Executive Order states that masks will still be required indoors, but are no longer mandated outdoors. Masks are still strongly recommended outdoors by NC DHHS in crowded areas and higher risk settings where social distancing is difficult so in this case please wear a mask. Try to wash your hands or use hand sanitizer often. Please bring your own hand sanitizer.
- Stay home if you are sick or exhibiting symptoms
- **General Information:** *Please be respectful and mindful of everyone's sensory needs and personal boundaries.* Contact us for more information! Get on our email list to find out exactly what we're doing each month and stay up to date on any changes to the schedule!

For General information, find out more at our new website: www.autistics-united.com

To donate: <https://www.paypal.com/paypalme/autisticsunited> or

<https://www.autistics-united.com/wnc-au-autistics-united-memberships/>

Questions? Email Our Executive Director Danny Landry: wncautisticsunited@gmail.com