

# Lake Julian FALL Outing

*Brought to you by Autistics United*



## when?

Sunday, November 22  
1 p.m. - 4p.m.

## who? (all ages & abilities)

All autistics (Feel free to bring family or a friend.)

what? We will meet up at Lake Julian for one last hurrah! before it gets too cold. We will have a picnic, games, and a walk. First we will try to choose a spot that is big and good for social distancing. We ask everyone to try to bring a towel, sheet, or blanket to sit on. Please feel free to bring a lunch or snack and beverage. We will have a good time. We will catch up and see how everyone is doing and let everyone know how we will support each other through these times. Then we can do frisbee and throw a ball and walk around and see the ducks and geese.

**In light of Covid-19 we will be social distancing and following these safety guidelines:**

- Wear a face mask of your choosing.
- The executive order requires everybody to wear a mask outdoors when you can't maintain a 6 foot distance.
- Try to wash your hands or use hand sanitizer often. Please bring your own hand sanitizer.
- Stay home if you are sick or exhibiting symptoms

where? We will meet at Lake Julian by the parking lot at the entrance. Lake Julian is at 406 Overlook Rd Ext, Arden, NC 28704. We will put up signs at the park in the vicinity of where we are at so you can find us. In the event of rain, we will change the date or have an alternate plan.