

Autistics United's Adult Support Group Outing at Carrier Park

- Brought to you by Autistics United -



when?

Thursday, September 10th
4pm- 6pm

who?

All adult autistics diagnosed or self-diagnosed
If needed, you may bring one person for support.

what? We will meet up at Carrier Park right by the pavilion. Then we will walk to where we want to have our social distance support group picnic. The first hour or so we will have a support meeting. Afterwards we can play Would You Rather and the game Hedbanz. Then we can walk around the park and check out all the cool things at the park. We ask everyone to try to bring a towel, sheet or blanket to sit on. Please feel free to bring a lunch or snack and beverage.

In light of Covid-19 we will be social distancing and following these safety guidelines:

- **Wear a face mask of your choosing. If you need one, we will have extra disposable masks.**
- **The executive order requires everybody to wear a mask outdoors when you can't maintain a 6 foot distance.**
- **Try to wash your hands or use hand sanitizer often. Please bring your own hand sanitizer.**
- **Stay home if you are sick or exhibiting symptoms**

where? Carrier Park 220 Amboy Road, Asheville, NC 28806. Note: We will have a group sign that we will be holding as we are waiting for you. If there is rain, we will change the date or have an alternative plans!